

# Group 1 (Age: 4 years to 6 years) Bundle 1



**Activity 1: Drawing and Painting** 

**Timings:** 9:00 am to 10:00 am

Total Number of Sessions: Total 14 sessions. Monday to Saturday, Sunday is off

## Curriculum:

- Freehand scribblings
- Abstract drawings
- Pattern drawings
- Fun with sketch pens
- Oil pastels color mixings
- Simple compositions
- Doodling with pencils
- Fun with brushes and paints

Note - All the activities will be hands-on learning where students need to perform during the session only

## Requirements:

- Crayons / Oil Pastels (if available)
- Sheets for drawing and painting
- Colour paints and brushes
- Basic stationery materials such as pencils, eraser, etc.
- Zoom application

# **Activity 2: Dance**

**Timings:** 10:15 am to 11:15 am

Total Number of Sessions: Total 14 sessions. Monday to Saturday, Sunday is off

#### Curriculum:

The course will be split into two, seven days of Hip-Hop dance and seven days of Bollywood!!

The seven-day Hip-Hop course will include:

- This is a beginner level dance course with no experience required
- Hip-hop style will be similar to that seen on current music videos
- You will learn the skills and combinations of skills. Combinations will be performed to Rap or Old School music

The seven-day Bollywood course will include:

- Dance moves which will be easy to pick up but also enjoyable
- Various aspects of it namely 'Thumka', 'Latka', 'jhatka', 'ADAA' etc.
- Introduction to one of the most globally recognized and colorful folk dance forms -Bhangra!!
- Movement of different parts of the body like hands, eyes, fingers, feet, etc.
- The technique of Bollywood dance choreography

## Requirements:

- Dancing space
- Determination to practice
- Comfortable clothes
- Bottle of water to refresh during the session
- A hand towel
- Zoom application
- High-Speed Internet
- Speaker (if available)

## Suggested attire for Hip-hop:

Loose, baggy comfortable clothing as you will need complete freedom of movement. Jeans are not allowed. Sneakers and Running shoes can be worn but other types of street shoes are not allowed. For the safety of yourself, jewelry such as bracelets, necklaces, and large hoop earrings are not allowed.

**Activity 3: Beginner Reading - Phonics to Fluency** 

**Timings:** 11:30 am to 12:30 pm

Total Number of Sessions: Total 14 sessions. Monday to Saturday, Sunday is off

**About the Program:** 

Young children naturally understand sounds as they're learning to speak any language. Phonics is a method for teaching reading and writing of the English language by developing learners' phonemic awareness—the ability to hear, identify, and manipulate phonemes.

Phonics involves how speech sounds correspond to the written letter or letter combinations. Children use this phonic knowledge when they are reading and writing. This approach has been shown to provide a quick and efficient way for most young children to learn to read words on the page fluently and accurately.

English spelling is more complex because it attempts to represent the 40+ phonemes (sounds) of the spoken language with an alphabet composed of only 26 letters (and no accents). Teaching the basic phonetic rules first will help the child learn spelling rules apart from improving word reading skills and text comprehension. Teaching phonics also teaches spatial reading skills, which can be transferred to math and other subjects.

Curriculum:

The Workshop will entail basic sounds along with fun Storytime. The children will first enjoy a story with props and loads of voice works and modulations and then the teacher will elaborate on some basic phonic sounds that are clearly repeated in the story. The idea is to encourage children to not shy away from learning letters and phonics. The fun element will attract them to be better listeners and learners.

## Requirements:

- Zoom application
- High-Speed Internet